



Wakanyeja Ta Nagi Asniya Pi

(Healing the Spirit of the Child, Youth and Family Conference)



Rushmore Plaza Holiday Inn, Rapid City, SD
December 18, 19, and 20, 2014



Day 1-Dec 18th

TENTATIVE AGENDA AS OF 11/5/14

| Time | Title | Presenter |
|--------------|--|---|
| 8:30–9:00am | Morning Session Welcome - Tasunke Wakan Okolakiciye Itancan: Sagye Luta -Warren Giago- Wocekiye/Woksape: Isaac Last Horse, Elder Wazilya - (Purification of Atmosphere) | TBD <i>Conference Moderator</i> |
| 9:00-9:15 | First of Three: I am a Survivor | Cindy R. Giago, MSM Program Manager |
| 9:15-10:30am | “Icikte Pi Etan Woasniye Ta Woiwanke ~ (A Perspective on Healing on Suicide)” | Hmuya Mani-Richard Two Dogs, Wakan Iyeska |

Healing the spirit of a child or individual requires looking beyond who the child belongs to or which system or program has primary responsibility for serving the child and family. Many times service providers blame the family when a child/youth is hurt or dies, and conversely, the family or community blame the service providers when a child/youth is hurt or dies. The reality is that every segment of society is responsible for the health and wellbeing of the children and youth and likewise is responsible when a child/youth is hurt or dies. Early interventions that are grounded in Lakota cultural and spiritual values are key to healing the child/youth's spirit when they experience trauma from suicide.



Our mission statement is as follows; “When the people followed the Lakota life ways and laws, the people flourished. Therefore, the Tasunke Wakan Okolakiciye promotes the rebirth of the Lakota life ways and laws through education, healing, and collaboration”

11:00-10:45am**BREAK****10:45-12 noon****“Even Mommy’s and Daddy’s Get Sad too~ Suicidal Depression with Adults”****Jovannah Poor Bear-Adams**~*Vice-Principal
Holbrook SDA/Suicide
Prevention Advocate*

This session is to provide the audience with knowledge and feedback from the Mrs. Jovannah Poor Bear-Adams who has struggled with depression not only in her own life but with the students within her school system. Mrs. Poor Bear-Adams speaks of her childhood, the realities of living on the reservations and dealing with Bi-Polar Disorder. Participants can expect to learn not only how PTSD of childhood trauma can impact suicidal tendencies but also chemical imbalance through a vast array of mental, emotional and physical ailments can impact an adult contemplating suicide. Cross over into a world where Spirituality meets Reality and how surviving her battle with suicide provided this hero the opportunity and fight within to give wings back to our indigenous youth of all tribes, adults, mommies and daddies, as well as other adults. This presentation will look at suicide and suicidal ideology from an adults perspective and help participants understand That it is not just our youth that struggle.

12 noon-1:00pm**LUNCH (On your own)****1:00– 2:15pm****“Mainstream Approach to Mitigate Suicidal Ideology and Enhance Indigenous Healing Components”****Anthony Smith, MSW**
???

?????

2:15-3:30**“Co-Dependency and its Effect on Suicide Prevention, Intervention and Post Vention”****Verlyn Long Wolf,**
*Associate Director-Long Wolf
Consulting and Hope Center*

This session focuses on the characteristics of codependency and its connection to Suicide. Participants will explore how codependency takes its toll on all areas of the individuals’ life. Through lecture and discussion participants will learn how experiencing trauma early in life can be an indicator towards codependent tendencies, how codependency makes one vulnerable to forming relationships of abuse that could result in suicidal ideology, and how to begin a road to healing.

3:30-3:45pm**BREAK**

Our mission statement is as follows; “When the people followed the Lakota life ways and laws, the people flourished. Therefore, the Tasunke Wakan Okolakiciye promotes the rebirth of the Lakota life ways and laws through education, healing, and collaboration”

3:45-5:00pm

**"Bridging the Gap ~ A Sacred Journey
Between the Young and the Old"****Pte San Win Poor Bear***Teacher, Facilitator, Community
Organizer, Youth and Family
Advocate, Spiritual Liaison*

This session focuses on the Native Child and Youth as well as their interaction with the community that surrounds them. The healing powers of Unci Maka and the teachings that were brought to us from the White Buffalo Calf Woman provides the Lakota People with the strength, knowledge and understanding on how and where healing needs to begin on our reservations. Participants can expect to learn basic comprehension on how these teachings, knowledge of Wolakota (life-ways), language and over all pride in which they are will significantly decrease the number of suicide attempts and suicidal ideology within our communities. Participants may also expect to understand and learn how to implement them into their homes, schools and even their work places to provide a healthier, happier place for our nation to nurture and grow.



Day 2-Dec 19th

| Time | Title | Presenter |
|---------------------|--|---|
| 8:30–9:00am | Morning Session Wocekiye/Woksape: Leksi Isaac Last Horse, Elder Wazilya - (Purification of Atmosphere) | TBD <i>Conference Moderator</i> |
| 9:00-9:15 | Second of Three: I am a Survivor | TBD |
| 9:15-10:30am | "Suicidal Post-Vention Knowledge that Every School and Community Should Know" | Stephanie Schweitzer Dixon <i>Community Services Director Front Porch Coalition</i> |

The Front Porch Coalition is a local program located in Rapid City, SD that provides services in a manner which are confidential and professional without any form of stigma that still surrounds suicide and mental health. Participants



Our mission statement is as follows; "When the people followed the Lakota life ways and laws, the people flourished. Therefore, the Tasunke Wakan Okolakiciye promotes the rebirth of the Lakota life ways and laws through education, healing, and collaboration"

can expect to receive a wealth of knowledge from dedicated staff that has the knowledge and skills to help family, schools and communities of people who have tragically lost someone to suicide. This approach is a mainstream approach to working with the community reduces the incidence of suicide within the community, through available education, awareness, and prevention services. The Front Porch Coalition also will provide the audience with expanded services and programs provided throughout the counties in the Black Hills (Pennington, Meade, Lawrence, Butte, Custer, Fall River) within the next two-three years and throughout Western South Dakota and Eastern Wyoming within the next five years.

10:30-10:45am

BREAK

10:45-12 Noon

“Native Logic through Prevention, Intervention and Post-Vention: Healing our Wounds from Suicide by looking at the Past, Present and Future”

Wayne Weston, MA
Weston Consultation

This session is to provide participants with understanding the difference between Western Logic and Native Logic and how to use this approach to empower native communities in their road to healing from Suicide. The presentation will look at logic from a Native perspective and help participants understand there is not a cultural gap but a logic gap that has been in existence. Discover the reason why these effects have stayed the same for the past twenty plus years and how removing this gap will assist in healing and prevent Suicide.

12 Noon-1:00pm

LUNCH (on your own)

1:00– 2:00 pm

Traditional Healing for the Veteran

Oitancan Mani (Walking Leader) Zephier

This session focuses on the Pre-European contact the Lakota, Dakota, Nakota ancestor’s experiences in war weren’t much different than warrior’s experiences today; they also experienced war trauma and PTSD. Trauma hasn’t changed, but why is trauma, suicide and PTSD so prevalent today? War might have changed, but the results are still the same. Historically, there were not stories about warriors killing themselves because of depression and PTSD but stories of surviving war, great deeds in war, and death in war. Through this presentation the presenter will pose the questions: did they not suffer from PTSD as today’s warriors do? Did they not suffer from depression or suicidal thoughts? The presenter will discuss their connection to the spiritual ways of their ancestors and how this connection gave them a better understanding of the outcomes of war and the spiritual reasons why the symptoms of PTSD



Our mission statement is as follows; “When the people followed the Lakota life ways and laws, the people flourished. Therefore, the Tasunke Wakan Okolakiciye promotes the rebirth of the Lakota life ways and laws through education, healing, and collaboration”

occurred. The presenter will discuss his journey as a combat veteran of Afghanistan, treatment through the Lakota life-ways/ceremonies, how he believes this is the answer to the war on suicide; trauma and PTSD issue continue to plague our indigenous nations. The presenter will also discuss his current volunteer efforts to help not only the local veterans, men and the youth in the community to heal.

2:00-3:00pm

Indigenous Healing Art

Carey MacCarthy,

Indigenous Healing Arts Alliance

Carey MacCarthy offers an array of knowledge as the Facilitator of a non-profit organization, Indigenous Healing Arts Alliance (IHAA), bringing Art Therapy programs to Native youth on Reservations. She currently works with Santee Sioux Nation and Rosebud Sioux Tribe to implement Art Therapy programs in schools and train the mental health professionals and school counselors in Neurodevelopmental Art therapy (NDAT).

NDAT is a prevention and early intervention trauma treatment model, very effective for trauma resolution for acute and chronic trauma, as well as delays from attachment disorders and fetal alcohol syndrome, in children and adolescents. NDAT has 30 years of federally funded research demonstrating its efficacy for neurobiologically healing the brain from trauma. NDAT is a good tool for prevention and early intervention in children to prevent mental illness, substance abuse and suicide. Art Therapy is also very effective to build coping mechanisms for children and their families, allowing for the formation of healthy family systems, hence effective for healthy communities.

3:00pm

Closing Prayer

6:00pm

Inipi (Purification Lodge Ceremony)

Bring towel and Inipi attire

Sioux San Hospital

OST Healing Center



Our mission statement is as follows; "When the people followed the Lakota life ways and laws, the people flourished. Therefore, the Tasunke Wakan Okolakiciye promotes the rebirth of the Lakota life ways and laws through education, healing, and collaboration"

Day 3-Dec 20th

| Time: | Title: | Presenter: |
|----------------------|--|---|
| 8:30–9:00am | Morning Session Welcome - Tasunke Wakan Okolakiciye Itancan: Sagye Luta -Warren Giago- Wocekiye/Woksape: Isaac Last Horse, Elder Wazilya - (Purification of Atmosphere) | TBD <i>Conference Moderator</i> |
| 9:00-9:15 am | I am a Survivor | TBD |
| 9:00-10:30 am | “Blending Western Psychiatry with Cultural Practices” This session focuses on the spiritual connections between Western Medicine and Traditional Native Ceremonial Medicine. | Dr. Richard Laughter, PhD |
| 10:30-10:45am | Break | |
| 10:45-12 noon | “Wiping of the Tears Ceremony” ????? | Tasunke Wakan Okolakiciye |
| 12:00 noon | Closing Remarks, Prayer and Wopila Song Wazilya - (Purification of Atmosphere) Closing Remarks - Tasunke Wakan Okolakiciye Itancan: Sagye Luta -Warren Giago- Wocekiye- Leksi Isaac Last Horse Wopila Olowan-Tasunke Wakan Drum Group | |



Our mission statement is as follows; “When the people followed the Lakota life ways and laws, the people flourished. Therefore, the Tasunke Wakan Okolakiciye promotes the rebirth of the Lakota life ways and laws through education, healing, and collaboration”



For more information, to donate or to schedule a training and/or services please contact:

*Tasunke Wakan Okolakiciye
P.O. Box 100
Porcupine, SD 57770
(605) 455-1226
medicinehorsesociety@gmail.com*

TENTATIVE AGENDA 11/5/14



Our mission statement is as follows; "When the people followed the Lakota life ways and laws, the people flourished. Therefore, the Tasunke Wakan Okolakiciye promotes the rebirth of the Lakota life ways and laws through education, healing, and collaboration"